



Diabetes Awareness Day



“YOUR HEALTH IS IN YOUR HANDS & ONLY YOU ARE IN CONTROL”

Pearl Medical Centre is holding an event at Ward End Library, Washwood Heath Road, Birmingham, B8 2HF on 29.04.2017 at 2:00PM –4:00PM. Adults and Children are welcome to attend.

What will the event include?

- *Free food taster*
- *Face paint*
- *Tips on healthy living*
- *Educating you the importance of controlling your diabetes.*
- *Empowering you to overcome the complications of diabetes in life.*
- *Information for all TYPES of diabetes.*
- *Meet the diabetes UK team*



PLEASE FEEL FREE TO GET INVOLVED