

## Patient Participation Group Meeting Minutes

### 18<sup>th</sup> Meeting

Saturday 24<sup>th</sup> October 2020

**Present:**

**Practice representatives: Dr Hussain (AH), Zoubia Hashmi (ZH), Taiba Farooq- Senior Admin & PPC Secretary, Razmin Begum – Administrator, Iqra Jamshaid – Administrator.**

**Patient representatives: FK, WA, SR, RK, RUK**

**Apologises: RU, MI, NA,**

	Items	Actions
1	<p><u>Welcome and Introduction</u></p> <p>AH- Welcomed and thanked everyone for attending the telephone PPG conference call. Unfortunately, Covid cases are rising again so it is best to have the meeting over the phone.</p>	<p><b>Continue to encourage patients to attend PPG meetings.</b></p>
2	<p>Practice Updates</p> <p>ZH- The flu season has begun. It is already proving very difficult, as expected, to convince patients to attend for this.</p> <p>FK- After Covid, flu seems insignificant in comparison.</p> <p>AH- People need to understand that flu can kill. It may not impact healthy and young people as much, but for those who have long term medical conditions and elderly are at more risk of ending up in hospital. As the Covid cases are rising too, the hospital isn't the greatest place to be at this moment.</p> <p>RUK- We need to keep our community safe. Many people do not understand the importance of this. We have many elderly in our society, our grandmothers and grandfathers, mothers and fathers need to be taken care of.</p>	

	<p>TF- We need to educate our patients and highlight the benefits of the flu vaccine. It is a much needed protection.</p> <p>AH- Vaccines are like a test alarm. There is not a real fire, but it prepares the immune system to fight accordingly when there is a real threat.</p> <p>RUK – Will post about this on group social media and encourage patients.</p>	
3	<p>Covid</p> <p>FK- There is news of another lockdown coming. When will these end?</p> <p>WA- We have all had enough of lockdowns and rule changes. We can't keep up and it is very confusing at times.</p> <p>AH- It is the government who have put these steps in place to protect the people. They look at the data, and with the rising Covid cases and winter season approaching, it makes sense for a lockdown to control the virus.</p> <p>ZH- It is frustrating and true that there are many rule changes. We have to follow guidance given to us.</p> <p>AH- Patients can write to their local MP for any concerns.</p> <p>RUK- Until there is something in place, such as a vaccine, unfortunately the state will remain the same.</p> <p>ZH- Vaccines are being developed as we speak. Even when they are released, it will require a lot of effort to convince patients to have these done.</p> <p>AH- Vaccines go through thorough testing before they are released, to ensure minimal side effects and ensure they are completely safe.</p> <p>To conclude, all members to keep encouraging patients regarding the flu vaccine. We must take what protection that is available to us.</p>	
	Next PPG meeting in 3 months	

